### The Pandemic and Family Justice: Unequal Outcomes and Access to Justice

Claire Houston, Western Law Rachel Birnbaum, King's University College at Western

Nicholas Bala, Queen's Law

(with thanks to Kate Deveau, Queen's Law LL.M. Candidate)

CREVAWC – April 29, 2021

#### Acknowledgements







### Today's agenda

- Project overview
- Methodology
- Preliminary findings
  - High conflict separations
  - Family violence
  - Self-representation
  - Technology concerns
- Tentative conclusions

### Project Overview

**Claire Houston** 



### The pandemic and family justice

- March 2020: physical closure of courthouses, remote "urgent" hearings, family professionals "pivot"
- Pre-existing access to justice concerns: cost, complexity, delay
- Research questions:
  - o How has the pandemic impacted the family justice system?
  - o How have these impacts been felt by different groups?
  - What can we learn that may improve the justice process?



### Methodology

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#### Research

### Mixed Methods Approach Informs One Another

Quantitative Data (survey data, caselaw)

Qualitative Data (interviews with selfreps, mental health professionals, lawyers, and judges)

### Mixed-methods approach

- 1. Analysis of reported Ontario family law decisions
  - a) "Lockdown" period: March-July 2020
  - b) "Reopening" period: July 2020-March 2021
- 2. Surveys of professionals
- 3. Interviews with professionals and SRLs

### Survey of professionals

• n = 91

- Lawyers (54%), MH professionals (21%), other (20%) (e.g. supervised access worker), judges (4%)
- 43% = 21 or more years in family justice
- 77% identify as female

#### "Lockdown" cases

- All reported Ontario family law decisions heard between March 17, 2020 – July 6, 2020
- n = 506
- N = 32 child protection, n = 474 domestic

# Preliminary Findings: High Conflict

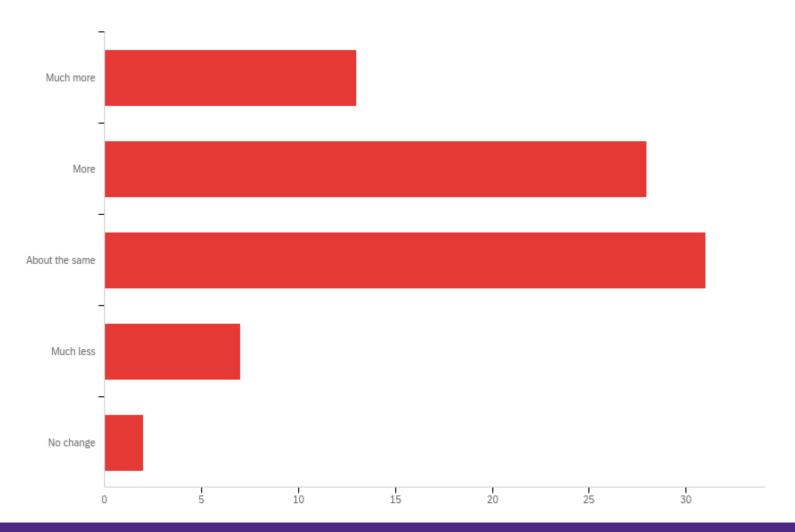
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### Impact of the pandemic on "high conflict" families

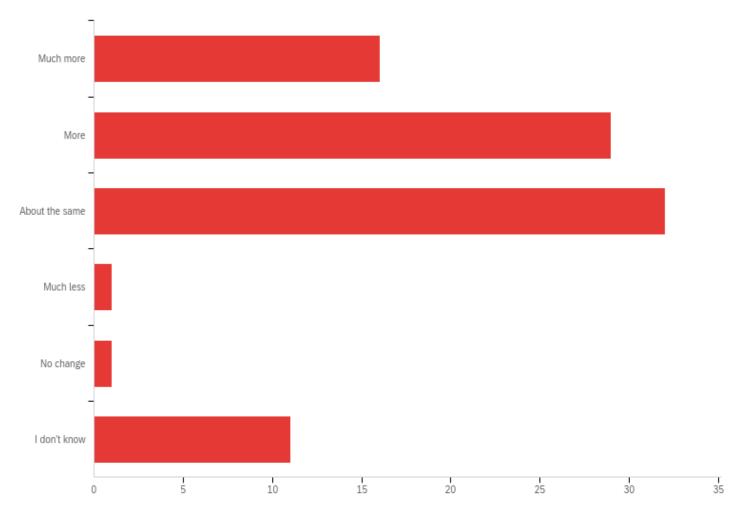
- More "high conflict" families, and more conflict within HC families
- Access difficulties and "taking advantage" of the pandemic
- Concern about impact of limited access to court, especially on children

### High conflict in "lockdown": survey





### HC in "re-opening": survey





### Significant HC in "lockdown" cases

- Judges use "HC" or similar language in 40% of cases
- More stress → more conflict: "This case has a long and acrimonious litigation history, which is exacerbated by these very concerning times amid the COVID-19 crisis" (Hermanus v Laurin, 2020 ONCJ 190)
- Most cases involved previous appearances (~ 75%)
- Smith v Smith, 2020 ONCJ 180: second urgent motion brought in "high conflict" case

### More conflict in HC families: survey

- Existing conflict exacerbated and more sources of conflict
- "The pandemic has thrown gasoline on high conflict families."
- "I think high conflict families have seen more conflict.

  Rules and restrictions about Covid and exposure or

  potential risks has become one more thing to fight about".
- Impact on children: "Children witnessing more conflict as not in school."

#### Access issues: cases and survey

- Majority (56%) of parenting cases involve access difficulties
- Allegations of other parent not following health guidelines
- Concern about "taking advantage" of the pandemic: "For some high conflict families, the pandemic was seen as an opportunity to restrict or prohibit parenting time" (survey respondent)
- Ribeiro v Wright, 2020 ONSC 1829: presumption that parent-child relationships should continue

#### Concerns re: limited court access

- Increased conflict but harder to resolve: "The stress of the pandemic has increased conflict levels but left parties less able to access timely resolution from the court" (survey respondent)
- Children exposed to more conflict, for longer: "Children will be in a 'holding pattern' waiting for parties to reach resolutions" (survey respondent)
- Judicial emphasis on cooperation: "Right now, families need more cooperation. And less litigation" (Pazaratz J., Ribeiro v Wright)

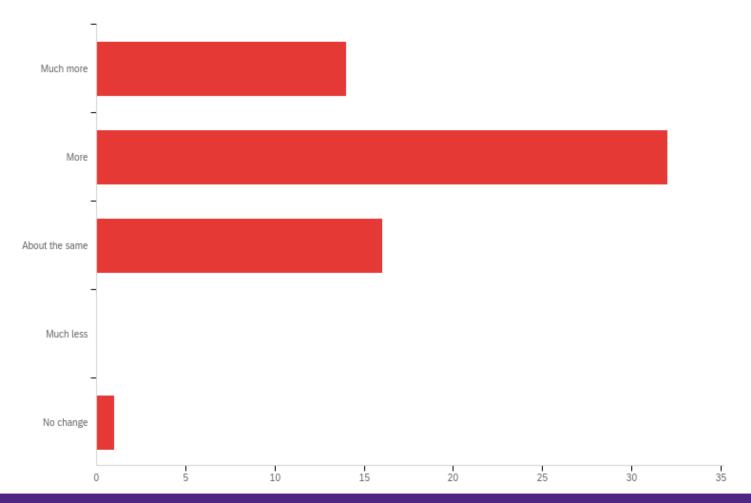
# Family Violence

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### The pandemic and family violence

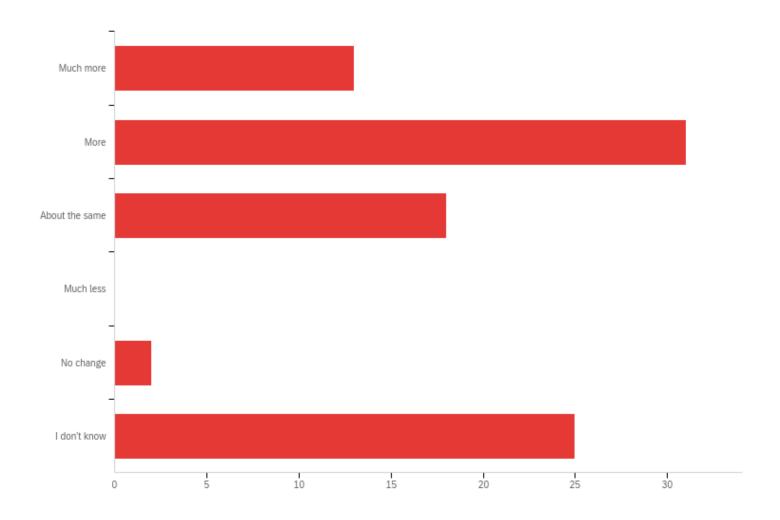
- Concerns about more family violence, and increase in severity
- Barriers to leaving (including limited access to courts) and fewer supports
- Impact on child protection agencies

### Intimate partner violence in "lockdown": survey



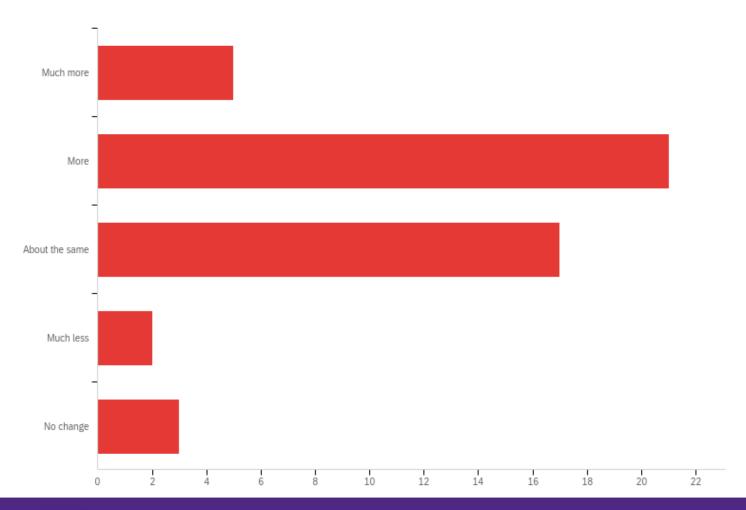


### IPV in "re-opening": survey data

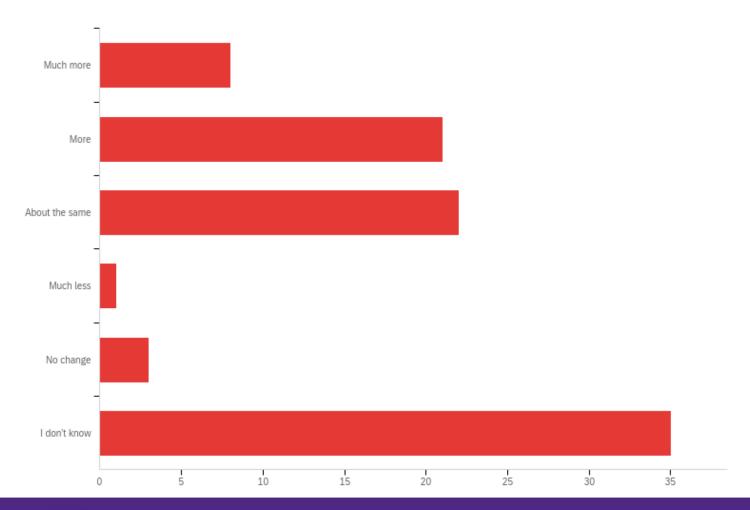




## Child abuse and neglect in "lockdown": survey



## Child abuse and neglect in "re-opening": survey





#### Family violence in "lockdown": cases

- IPV allegations in ¼ of lockdown cases, including ¼ of "triage" cases
- Child abuse and neglect allegations in 11% of family lockdown cases, including 11% of "triage" cases
- No relationship between finding of urgency and family violence allegations

### Pandemic's impact on IPV victims: survey

- Increased risk exacerbated by lack of supports and barriers to leaving
- Difficulty accessing courts: "There are more incidents [of violence] and little ability to get substantive help from the Court, for things like restraining orders there have been 5 to 6 week delays in getting motions heard. [I]t is a crisis."
- "There is also a fear to begin the court process as the delay is enormous and this can leave a woman in a dangerous situation for much longer"

#### Impact on IPV victims, cont.

- May be region specific: "I am pleased to say that the triage/urgent motion process has been responsive enough to seek and secure important safety-focused parenting/restraining orders"
- Barriers beyond limited access to justice: "No where to go", financial insecurity, reduced services
- Different impacts on different groups: increased risk for victims of color, Indigenous victims

## Pandemic's impact on child protection agencies: survey

- Fewer opportunities to assess risk: "not being able to have eyes on the child at school or in the community puts kids at greater risk"
- Mixed reports on number of referrals
  - Increase due to pandemic-related stresses (more IPV, more substance use, etc.)
  - Decrease due to children "hidden" at home

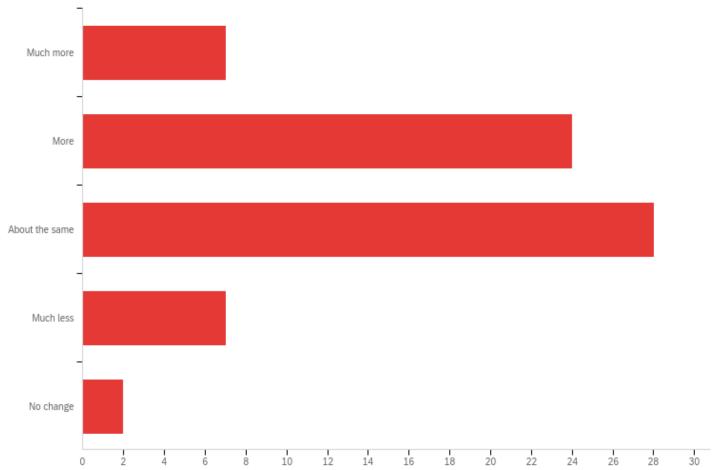
### Impact on child protection, cont.

- Some recognition of greater challenges: "an impossible-to-do job for child protection and no one has acknowledged that to date"
- Concerns around initial suspension of access:
   "This was an extremely difficult time for families with access being cut off"

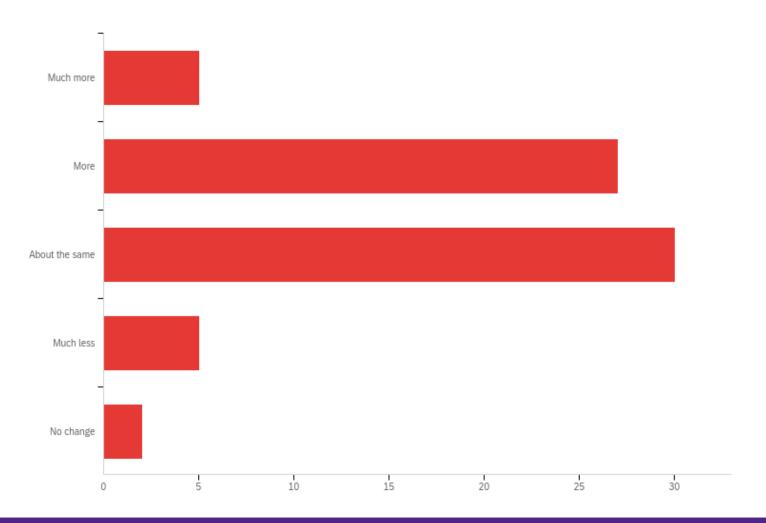
### Self-Representation

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## Self-represented litigants in "lockdown": survey



### SRLs in "re-opening": survey





#### SRLs in "lockdown": cases

- Majority of parties have lawyers
- Self-representation slightly higher among men than women (approximately 25% vs. 15%)
- Tension between cases and survey responses (e.g. "There are more self-represented litigants because there haven't been enough family lawyers to accept [Legal Aid] certificates")

## Mostly negative impact on SRLs: survey

- Limited access to legal information and advice: "the lack of [the Family Law Information Centre] and duty counsel has hurt"
- Added complexity: "frankly, the number of practice directions that have been issued were... overwhelming to me and my office. I cannot imagine how a self rep would navigate the constantly changing rules"

#### Impact on SRLs, cont.

- Technology mixed: "I think for some, the digital world is easier for them and accessing resources and documents online has worked. For many, [limited] access to internet and devices has left them without access to justice at times"
- Special concern about SRLs in child protection matters

### Technology Concerns

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## Technology and family violence victims: survey

- Pros: safety benefits of avoiding in-person hearings
- Cons: hearing perpetrators' voice in home, perpetrator seeing victim's home, perpetrator discovering victim's phone number, other safety issues

"In some cases the judges ordered virtual access to be facilitated by [the residential parent] even though a nocontact order exists. In a couple of cases this has led to more allegations of IPV"

### Technology and family violence, cont.

- Access to justice dependent on access to technology: "A lack of technology such as access to computers could make it almost impossible for [victims] to speak with counsel and attend court appearances"
- Concerns around privacy: "We've had clients call from cupboards in the basement, trying to find privacy within the home"

# Tentative Conclusions

Rachel Birnbaum

### **Pandemic impacts**

- Concerns about negative impact on high conflict families, and especially children, exacerbated by limited access to courts
- Perceived increased risk to family violence victims, some pandemic-related innovations may increase risk (i.e., remote hearings)
- Concerns about self-represented litigants, including family violence victims, accessing legal services and court

### **Moving forward?**

- Negative impacts of the pandemic felt more by those with fewer resources, same in family law
- Technological innovations also have disparate impacts
- Improving <u>access</u> to technology may help to mitigate disparate impacts: "Access to justice now means access to technology"
- Ensuring essential in-person services, i.e., supervised access, child protection services, summary legal advice/information, court-connected mediation